

Trisomy 21 Symposium

Saturday, March 28, 2020

Leonard and Madlyn Abramson Pediatric Research Center
at Children's Hospital of Philadelphia

Learn more:chop.cloud-cme.com



**Children's Hospital
of Philadelphia®**

Breakthroughs. Every day.®

COURSE OVERVIEW

Trisomy 21 (Down syndrome) is the most common chromosomal condition in humans, occurring in one of every 700 to 800 live births. Trisomy 21 is also the most complex genetic condition, affecting many body systems, including brain development and variably affecting each individual.

Children with trisomy 21 are at higher risk for vision and eye problems, ear, nose and throat problems, including hearing loss, congenital heart disease, gastrointestinal and feeding problems, endocrine disorders, neurological and musculoskeletal issues, and developmental and behavioral challenges.

This one-day symposium will provide parents and healthcare professionals with up-to-date clinical information, therapeutic approaches and advice on a variety of topics affecting children with Down syndrome, covering ages from young children to young adults.

GENERAL INFORMATION

The conference will be held in the Leonard and Madlyn Abramson Pediatric Research Center at Children's Hospital of Philadelphia.

REGISTRATION FEES

The registration fee includes registration materials, continental breakfast, lunch, breaks and parking. As part of our green initiative, syllabus material will be available online.

Conference Registration: \$50

To register, please visit **chop.cloud-cme.com**.

CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, the hospital will refund registration fees, less a \$10 service fee, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by airlines or travel agencies. In order to process refunds, cancellations must be received in writing by Friday, March 20, 2020. No refunds will be issued thereafter.

SERVICES FOR PEOPLE WITH DISABILITIES

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263 or via email at **cmeoffice@email.chop.edu** at least two weeks in advance so that we may provide better service to you during the conference.

7:45 a.m. Registration and Continental Breakfast

8:20 a.m. Welcome and Introduction
Mary Pipan, MD

8:30 a.m. Brain to Behavior: Understanding Behavior in Children and Teens with Down Syndrome
David S. Stein, PsyD

9:15 a.m. Down Syndrome Research at CHOP: Focus on Heart Health and Sleep
Andrea Kelly, MD
Melissa Xanthopoulos, PhD

10 a.m. Break

10:30 a.m. Friendship Toolkit
Diane and David Perry

11 a.m. Parent and Self Advocate College Experience
Susan and Sara Davis

11:30 p.m. Questions and Answers

Noon Lunch and Exhibits

REGISTER ONLINE:
CHOP.CLOUD-CME.COM

1:15 p.m. Breakout Session I

A. Let's Get Walking: Treadmill Training for Babies
Helen Milligan, PT, MPT
Megan Beam, PT, DPT, PCS

B. Supporting Positive Behavior in Children and Teens with Down Syndrome: The Respond-but-Don't-React Method
David S. Stein, PsyD

C. Building Inclusive Social Networks and Friendships
Diane and David Perry
Linda and Sienna Carmona-Bell
Susan and Sara Davis

2:30 p.m. Break and Exhibits

2:45 p.m. Breakout Session II

A. Time for Bed: Practical Ways to Get Your Child to Sleep and Stay Asleep
Melissa Xanthopoulos, PhD

B. Down Syndrome and Autism: The Challenges of a Dual Diagnosis
Mary Pipan, MD
Alison Downes, MD

C. Crossroads: Planning for the Future — Vocational Training and Higher Education
Diane and David Perry
Linda and Sienna Carmona-Bell

4 p.m. Program Adjourns

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

COURSE DIRECTORS

Mary Pipan, MD

*Director, Trisomy 21 Program
Attending Physician
Division of Developmental and
Behavioral Pediatrics
Clinical Associate in Pediatrics*

Kim Schadt, CRNP

*Nurse Practitioner
Trisomy 21 Program
Friedreich's Ataxia Program*

Tricia Wilson, RN

*Nurse Coordinator
Trisomy 21 Program*

COURSE FACULTY

Megan Beam, PT, DPT, PCS

Physical Therapist III

Sienna Bell

Self-Advocate

Linda Carmona-Bell

Parent-Advocate

Sara Davis

Self-Advocate

Susan Davis

Parent-Advocate

Alison Downes, MD

*Attending Physician
Division of Developmental and
Behavioral Pediatrics
Assistant Professor of Clinical Pediatrics*

Andrea Kelly, MD

*Attending Physician
Division of Endocrinology and Diabetes
Associate Professor of Pediatrics*

Helen Milligan, PT, MPT

Physical Therapist III

David Perry

Self-Advocate

Diane Perry

*Parent Adviser, Parent Education and
Advocacy Leadership (PEAL) Center*

David S. Stein, PsyD

*Pediatric Psychologist and Director
New England Neurodevelopment, LLC*

Melissa Xanthopoulos, PhD

Psychologist III